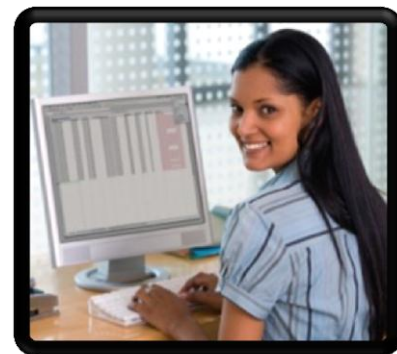


## GETTING STARTED

- Start your career exploration and job/internship search as early as possible. (This process can take six months to a year!)
- Become familiar with immigration regulations and your visa status  
Visit the U.S. Citizenship and Immigration Services <http://www.uscis.gov>
- Develop a résumé and have it reviewed by the Career Center
- Research employers and learn about career fields and opportunities  
Visit the *Occupational Outlook Handbook* <http://www.bls.gov/OCO/>
- Look into job shadowing and informational interviewing opportunities
- Research companies that have sponsored visas in the past  
Visit The Foreign Labor Certification Data Center  
<http://www.flcdatacenter.com/CaseH1B.aspx>



## IMPROVE ENGLISH WRITING AND SPEAKING PROFICIENCY

- Visit the Writing Center, located in the Bear CLAW (Center for Learning and Writing) within Meyer Library  
Visit <http://writingcenter.missouristate.edu/> to make an appointment
- Participate in the English Corner at the International Center  
Visit the International Center to find dates and locations <http://international.missouristate.edu/services/>
- Communicate often with professors and classmates by working in groups, giving presentations, and speaking during class discussions
- Avoid using a translator when typing emails and papers
- Watch English-speaking movies and television

## NETWORKING

- Start networking with professionals early (e.g. class speakers, career fairs, conferences, etc.)
- Volunteer your time, and interact with new people while developing skills  
Visit the Campus Volunteer Center <http://www.missouristate.edu/studentemp/cvc/>
- Get involved in a variety of University organizations and activities  
Visit the Office of Student Engagement <http://studentorganizations.missouristate.edu/guide/>
- Join LinkedIn, build your online profile, and network professionally online  
Visit LinkedIn <http://www.linkedin.com/>
- Meet new people and make new friends

## SEARCH FOR A JOB OR INTERNSHIP

- Sign up for JobTracks, and research employers and career information  
Visit JobTracks <http://careercenter.missouristate.edu/JobTracksLogin.htm>
- Meet employers and learn about opportunities by taking part in Fall Career Fest, Spring Career Expo, and COBA Career Days (Accounting, Business and Computer)
- Participate in Career Center events such as Etiquette Dinner and Résumé Madness  
List of dates and times are available on the Career Center website  
<http://careercenter.missouristate.edu>
- Make an appointment at the Career Center to do a mock interview and/or participate in Mock Interview Day  
For more information, go to <http://careercenter.missouristate.edu>
- Utilize multiple resources including a variety of websites and your networking contacts  
Try Indeed (<http://www.indeed.com>), the Hound (<http://www.hound.com>), and the Riley Guide (<http://www.rileyguide.com>) etc.